

Each year these Christmas Hampers are distributed to help others amongst our family and community. The hampers are an opportunity to share the love of God and bless others in our community.

**WEEK 1 (16-21 OCTOBER)**

SPREADS: Jam, Marmite, Nutella, Peanut Butter, Honey

**WEEK 2 (22-28 OCTOBER)**

NONPERISHABLE GROCERY: Breakfast Cereals, Rice, Pasta

**WEEK 3 (29 OCTOBER-4 NOVEMBER)**

CANNED FOOD: Fruit, Fish, Baked Beans/Spaghetti, Soup, Pasta Sauce

**WEEK 4 (5 - 11 NOVEMBER)**

SNACK FOODS: Biscuits, Crackers, Chips, Nuts & Raisins, Muesli Bars

**WEEK 5 (12-18 NOVEMBER)**

HOT & COLD DRINKS: Herbal & Normal Teas, Coffee, Milo, Juice, Fizzy Drinks, Sparkling Grape Juice

**WEEK 6 (19-25 NOVEMBER)**

SWEET TREATS: Jelly, Instant Pudding, Lollies, Chocolate Almonds, Christmas Mince Pies

**WEEK 7 (26 NOVEMBER-3 DECEMBER)**

Check that you have everything in the box

**SUNDAY 3 DECEMBER**

Drop all your items in to the ALC Classrooms

**WEDNESDAY 6 DECEMBER**

SHE is putting the hampers together at 10am

Supermarket vouchers or money would be greatly appreciated to supplement supplies.

**THANK YOU FOR YOUR SUPPORT!**